

# Highland Heights Green Task Force



Spring 2014 Newsletter

Judy Dearden, President

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## The Highland Heights Green Task Force's 2014 Campaign is... "ZERO WASTE"

### **DO/USE THIS:**

We kicked off our 2014 ZERO WASTE theme with a FREecycle/EWASTE Drive (pictured above) at Millridge Elementary School in January. This was a combined effort of the HHGTF and Mayfield Schools. We would like to thank all the wonderful volunteers who gave so generously of their time and labor! Also, a thank you goes out to the community for participating in this event by donating usable items and "shopping" for items they may need. Our local Highland Heights recycler, **Green Tech Recycling**, was on site during the entire event to collect the E-Waste, and to answer any questions. If you missed this drive, another is scheduled in June at the Highland Heights Community Park. See below for more details.

### **What it means to be ZERO WASTE..**

- Maximizes Recycling
- Minimizes Waste
- Reduces Consumption

If you would like to join us in the effort to try and achieve ZERO WASTE, here are a few simple tips:

#### **USE THIS:**

- Pyrex container
- Reusable water bottle
- Reusable mesh produce bag
- Reusable shopping bag
- Cloth diapers
- Homemade meals from scratch
- Compost bin

#### **NOT THIS:**

- Styrofoam container
- Single use water bottle
- Single use produce bag
- Single use shopping bag
- Disposable diapers
- Boxed purchased meals
- Garbage bag

America throws away approximately 40% of the food they purchase! Also, don't throw items away that can be fixed. Lyndhurst Lumber will fix wooden items, providing you can get the item to them (tables, chairs, wooden doors, etc.). For

more information, call them at 440-442-1616. For additional information on ZERO WASTE, please plan to attend our April 2 meeting.

### **HEALTHY COOKING WITH LESLIE ELIA**

We just completed a four week series of healthy cooking classes/demonstrations with Leslie Elia, a wellness coach who was our speaker last year on the topic of "Environmental Loads on Our Bodies". It was agreed by those in attendance, that we learned a lot about making healthier food choices, enjoyed the food prepared and the company! Plans are underway to schedule more events continuing with the theme of how to eat healthier! Look for future events in upcoming articles.

### **UPCOMING EVENTS**

Held at 7:00 p.m. at the Community Center, unless otherwise noted.

- Apr. 2<sup>nd</sup> - How to Waste Less-Judy Dearden, Pres. HHGTF
- May 7<sup>th</sup> - Polyflow, Energy Recovery System, Mike Dungan
- June 4<sup>th</sup> - Green Book Reports- Reports by HHGTF members
- June 22<sup>nd</sup> - FREECYCLE/E-WASTE Drive,10-3,Community Park

### **"E-Waste Recycle Drive"**

This is a recycle drive to collect items that once ran on electricity or a battery, i.e.: toaster ovens, cell phones, old power strips/surge protectors, microwaves, fans, etc. (There will be a \$15 fee for non-flat screen TV's and CRT monitors). This type of drive is designed to keep these items out of the landfills, and to recycle the pieces/parts of the items.

### **FreeCycle**

**No money is charged for items.** Bring "stuff" (no junk) to give away, and help yourself to stuff from others. Again, this recycle event is to help decrease the amount of "usable items" that might find their way into landfills. **Both events will be held Sunday, June 22, 2014 at the Highland Heights Community Park 10:00 a.m. – 3:00 p.m.**

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Please visit [www.highlandhtsgreen.com](http://www.highlandhtsgreen.com), or email [hhgreentaskforce@yahoo.com](mailto:hhgreentaskforce@yahoo.com) or call Judy Dearden @ 440-646-9820 for more information.